



## Friends of Ostomates Worldwide-USA

The mission of Friends of Ostomates Worldwide-USA, a nonprofit volunteer run organization, is to provide ostomy supplies and educational materials to help ostomates in need around the world.

### Supplies to Haiti

The Haiti Earthquake hit on January 12, 2010. Ival Secrest, FOW-USA President, sent out the following message on January 15:

The Haitian people are dealing with the worst catastrophe in their lifetime. They need water, food, security and medical care. FOW-USA was able to respond quickly to a request for ostomy supplies. Thanks to the volunteers in Louisville, Yusen shippers and the Catholic Medical Mission Board, who have an organization in Haiti to ensure the supplies to get where they are needed, three pallets of ostomy supplies are on the way to Haiti.

Without the support of individuals and organizations, FOW-USA would not have had the ostomy products or the financial capability to provide this aid. We do not know how soon more aid will be needed in Haiti or where the

next crisis might be. You can help us to be prepared to provide help wherever it might be needed by sending supplies to restock our shelves and financial support to pay for the shipping costs. See address below, right.

*Ival's message brought responses from others, including UOAA which covered Haiti shipping costs. See p. 3.*

Dear Mr. Secrest,  
We have just had a death in our family. Some people want to make a charitable donation in honor of the baby. Does your organization have a way they can do that? I would like to ask our friends to direct their donations in this way. Of course I will also be making a donation for the ostomates of Haiti.  
Lucille Penner

*Continued on page 3*

### We Get E-Mails

Dear FOW-USA,  
Thank you very much for your Donation, and my thanks to... all the people who contribute to make this shipment possible specially to FOW USA, and...to Mrs Astrid Graham FOW Canada who made the connection between the Lebanese Ostomy Association (LOA) and FOW USA. It's the first time since it's foundation in 1991, that LOA receive a bags Donation.  
Best Regards, Abdo Abi Raad  
President, Lebanese Ostomy Assn.

*Supplies being given to Lebanese ostomate by Abdo Abi Raad*



*Continued on page 3*

*Newsletter  
Spring, 2010*

#### Inside this issue:

**P. 2 President's  
Message**

**Officers and Board**

**P.4 Shipping Report**

**P.5 Donor List  
Foundation Grants**

**P. 7 Letters from  
Supporters**

**Contributions Form**

**Send Supplies/  
Contributions to:**

**FOW-USA  
1500 Arlington Ave.**

**Louisville, KY  
40206-3177**

**Contact:**

***info@fowusa.org***

**Website:**

***www.fowusa.org***

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E-Mail                        [info@fowusa.org](mailto:info@fowusa.org)

**Send Supplies and  
Contributions to:**

**FOW-USA  
1500 Arlington Avenue  
Louisville, KY 40206-3177**

## President's Message

Dear Friends,

While many people were enjoying the good life here in the USA this past January, 200,000 Haitians lost their lives, and 2 million were injured or at a minimum lost their housing due to the devastating earthquake. For those of us who have not witnessed it first hand, it is hard to imagine the enormity of the devastation. FOW-USA received a call for help within a few hours after the earthquake and fortunately we were able to respond. We were able to respond quickly for multiple reasons. Some of the reasons are: (1) Donors who sent excess supplies (2) Volunteers who had pre-packed and labeled boxes of supplies that enabled the creation of pallets to meet Haiti's need, and (3) Financial supporters who have regularly sent funds that enable us to lease the warehouse space and ship supplies to the countries in need.

Financial contributions have been down for better than a year and we attribute that to the economic downturn. We give special thanks for UOAA helping us stay reasonably close to our budget because they funded three pallets of ostomy supplies that were sent to Haiti in December. We are appreciative of the UOAA Board Members led by Kristin Knipp, UOAA President, who made this happen quickly. We wish them continued success as an organization.

Is our work finished? Unfortunately the answer is NO. Our volunteers continue to work each week so that FOW-USA will be able to respond to urgent needs as they occur. I invite supporters to drop by the warehouse in Louisville for a visit should they be in the area. In addition to seeing the FOW-USA effort, you will be able to see the work of Supplies Over Seas (SOS) as they collect all kinds of medical supplies and equipment for shipment to places in need of those products. We lease warehouse space from SOS.

FOW-USA will welcome two new board members at the May 15-16, 2010 board meeting in Louisville. The new members are Mary Gloeckner of Moline, IL and Richard Cohen of Goodview, VA. You can find short bios about them elsewhere in this newsletter.

We appreciate the continued support of our ostomy product donors, our financial contributors and those of you who have become FOW-USA ambassadors by telling others about us informally and formally. If you would like materials for presenting a program about FOW-USA, please contact us at the following email address: [info@fowusa.org](mailto:info@fowusa.org).

*Ival*

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## Haiti Supplies continued

Hi Ival,

Thank you for the update on FOW's help to Haiti....I am happy to report to you that at our meeting, our board made a unanimous decision to offer support to FOW for the relief you've sent to Haiti. We'd like to reimburse you for the cost of shipping for whatever supplies you've already sent to Haiti....We hope this small gesture helps, and will allow you to send more supplies in the future if needed. I'll also be reminding our support groups....that donations of supplies are greatly needed to help replenish your shelves. Thank you for all you do to help our brothers and sisters around the globe.

Kristin Knipp  
President, United Ostomy Associations of America

*FOW-USA also sent supplies to Haiti through a surgical oncologist, Dr. Rosemary Duda, working with Partners in Health. Dr. Duda wrote to us when she returned from Haiti*

2/2/10

Hello,

....Just returned from Haiti. The ostomy supplies were delivered and will be put to good use. It is truly tragic there - the magnitude of human suffering is incomprehensible.

Rosemary Duda  
Surgical Oncologist

## We Get E-Mails continued

Dear FOW-USA,

The ostomies supplies which you so kindly make us...are being distributed to all members ASOS-DELPA (Asociacion de Ostomizados del Paraguay.) About 400 patients are members. Due to the success of our association, people all around the country are coming to withdraw their bags. These are even getting to children and babies....Thank you so much for all the people FOW USA  
Best regards, Jorge (Paraguay)

*Photo of young ostomate with her mother receiving colostomy supplies from the President of the Rotary Club of Zimbabwe. Supplies were sent by FOW-USA to Zimbabwe through Rotary International.*



Dear FOW-USA,

This is Peter, a Kenyan who you usually help with urostomy pouches. I want to thank you, for myself and on behalf of all those who will benefit by your donation of ostomy supplies you sent thru Pastor Jeremiah. We got it and we are so excited and blessed by you....All that I can is thank you, thank you, thank you,, and may the Lord remember and bless you now and for ever.

Yours Sincerely,  
Peter

Hello from Gaza

We would like to confirm that we in Palestinian Ostomy Association received the...Ostomy supplies from Friends of Ostomates Worldwide – USA, through ANERA Gaza office. We appreciate both of them the FOW US and ANERA for all help and support to our people with stoma. This supplies will decrease there suffers.

Thanks to all of you  
Dr Awad  
Pal.O.A coordinator

*(FOW-USA sends supplies to several countries through the Catholic Medical Mission Board which partners with the American Near East Foundation (ANERA) for shipments to the Palestinian Authority.)*

# Shipping Report

<u>SHIPPING DATE</u>	<u>COUNTRY</u>	<u>WEIGHT (lb)</u>	<u>SHIPPING COST</u>	<u>EST. RETAIL VALUE</u>
<b>Fiscal Year 2010 Totals (to date):</b>		<b>8,197</b>	<b>\$ 8,802</b>	<b>\$ 409,861</b>
3/18/2010	Cuba via Ohio	9	\$ 12	\$ 450
3/8/2010	Cuba via Ohio	31	\$ 38	\$ 1,550
3/3/2010	St. Lucia	590	\$ 38	\$ 29,500
1/25/2010	Ethiopia	4	\$ 56	\$ 200
1/14/2010	Haiti via CMMB*	1,432	\$ 444	\$ 71,600
1/12/2010	Kenya via Connecticut	50	\$ 145	\$ 2,500
1/12/2010	Zambia Sister Daisy	10	\$ 56	\$ 490
12/21/2009	Haiti via Boston	20	\$ 28	\$ 1,005
12/15/2009	Russia via Cincinnati	42	\$ 30	\$ 2,100
12/8/2009	Zimbabwe	17	\$ 100	\$ 850
11/23/2009	Argentina (Cordoba)	337	\$ 1,448	\$ 16,850
11/17/2009	Ecuador	4	\$ 11	\$ 175
11/11/2009	Uzbekistan	1,036	\$ 1,161	\$ 51,800
11/3/2009	Zambia Sister Daisy	8	\$ 54	\$ 419
11/3/2009	Ethiopia	10	\$ 42	\$ 482
11/3/2009	Kazakhstan	6	\$ 42	\$ 290
10/7/2009	Bolivia	1,317	\$ 132	\$ 65,850
9/22/2009	Cameroon	133	\$ 792	\$ 6,650
8/31/2009	Nepal Koirala	335	\$ 1,281	\$ 16,750
8/28/2009	Lebanon	460	\$ 130	\$ 23,000
8/20/2009	Ecuador	24	\$ 53	\$ 1,175
8/18/2009	Paraguay	1,000	\$ 2,265	\$ 50,000
8/14/2009	El Salvador via CMMB*	420	\$ 130	\$ 21,000
8/14/2009	Gaza via CMMB*	894	\$ 261	\$ 44,700
8/3/2009	Zambia Sister Daisy	10	\$ 53	\$ 475

CMMB is Catholic Medical Mission Board

## Welcome To Two New Board Members

**Mary Gloeckner:** Mary has been an ET/WOCN nurse for 33 years. She was the first ostomy/ET nurse at the University of Iowa. Mary has been a member of the World Council of ET Nurses since 1976 and is dedicated to helping patients with an Ostomy all over the world!! She is married to Dr. Earl Gloeckner. Their 3 children are all in the medical field. Mary and Earl reside in Moline, IL.

**Richard Cohen:** Richard was introduced to FOW-USA by his mother, the late Florence Cohen, a long-time FOW-USA Board member. After a career as a mechanical engineer, he is a volunteer Unit Commissioner with the Boy Scouts. Richard lives in the Roanoke, VA area and he wants to assist FOW-USA help ostomates in need in developing countries.

## Get the FOW-USA Newsletter By E-Mail

- *Help FOW-USA save money*
- *Help the environment*
- *Receive the newsletter promptly*

Send request for e-mail of future newsletters to:  
*info@fowusa.org*

## FINANCIAL CONTRIBUTORS

August 1, 2008—July 31, 2009

We thank all the individuals and organizations listed below, who, through their contributions, helped us to meet the needs of thousands of ostomates around the world. If you made a financial contribution during this time and are not on this list, please contact [info@FOWUSA.org](mailto:info@FOWUSA.org).

## Foundation Grants

The International Foundation and the Raffio Family Charitable Fund, through the American Gift Fund, made recent grants to FOW-USA. A long-time supporter of this organization, the International Foundation grant of \$5,000 for FY2010 is to enable FOW-USA to continue to collect and ship ostomy supplies to countries around the world. Louis J. and Marguerite Raffio, donor advisors to The Raffio Family Charitable Fund, a part of The American Gift Fund, recommended a grant of \$1,000 to FOW-USA. Mr. Raffio has been a financial supporter of FOW-USA for many years. The FOW-USA Board of Directors, on behalf of needy ostomates in the developing world, is very grateful for the grants and will utilize them to further its mission.

## Thanks to Supply Donors

FOW-USA would not be able to operate without the generosity of all the individuals, organizations, hospitals, and businesses who donate ostomy supplies to us for shipment around the world. A list of supply donors will be published in the Fall 2010 issue of this newsletter.

Although it has been 2 years since we moved our warehouse to Louisville, some people are still sending supplies to Glenview, IL. We will not be able to accept supplies in Glenview in the future, so please direct your supplies to:

**FOW-USA**  
**1500 Arlington Avenue**  
**Louisville, KY 40206-3177**

### Foundations

The International Foundation

### Benefactors

Daniel Cody  
Richard Cohen  
Johannah Smith

### Supporting

Donald P. and Maureen F. Binder  
Elsie L. Smith

### Corporate

Nu-Hope Laboratories, Inc

### Contributing

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Ruth and Pete Salinger  
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Judith Weber  
Paul Yowell  
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Marilyn and Alan Zuckerman

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Jack Bergren  
Linda Broderick  
James and Janice Colwell  
Betty Giuliani  
Joyce Godin

*Continued on page 6*

**Sustaining Contd.**

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Jetta and Glen Lenox  
Marjorie Kadaner  
Bob and Joan C. Loyd  
Nancy McCullough  
Alvin McMahon  
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Sharon Pardo  
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Ann C. Simmons  
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Robin and Michael Stricklin  
Roberta T. Tovar  
Dorothy E. Wadsworth  
Dr. Sharon Windwer

**Ostomy Group Contributors**

**AZ** Phoenix Ostomy Chapter Inc.  
Southeast Arizona Ostomy Association

**CA** Ostomy Association of San Diego Inc.  
Santa Maria-Lompoc Chapter

**CT** Ostomy Association of Central Connecticut  
New London County Ostomy Association

**FL** Charlotte County Ostomy Support Group  
UOAA of Greater Orlando

**GA** Middle Georgia Ostomy Association

**IA** Spencer Iowa Support Group

**IL** Ostomy Association. of Greater Chicago  
Sterling Area Ostomy Association.

**KY** Kentuckiana Chapter, UOAA

**MA** Ostomy Association of Greater Springfield

**MD** Anne Arundel County Ostomy Association

**MI** Ostomy Association of Greater Lansing Michigan  
Macomb County Ostomy Association  
Straits Area Ostomy Association

**MS** Ostomy Association of Jackson Mississippi

**NE** North Platte Area Chapter

**NJ** Warren County New Jersey Ostomy Association

**NY** Colostomy Society of New York  
Schenectady Ostomy Support Gourp

**OH** Greater Cincinnati Ostomy Association  
Portage County Ohio Ostomy Group

**OK** Ostomy Association of North Central Oklahoma

**PA** Ostomy Support Group/Beaver County  
Pittsburgh Ostomy Society

**TN** Chattanooga Ostomy Association

**TX** Ostomy Association of West Texas

**VA** Ostomy Support Group of Nothern Virginia

**WI** Chippewa Valley Ostomy Association  
Duluth Area Ostomy Group

# Letters of Support

*FOW-USA greatly appreciates the interest and support of the individuals whose letters are printed below. Thank you for your care and concern for ostomates in need.*

11/17/09

Hello,  
I found your website while searching for a charity which served ostomy patients. My mother, Josephine Doucette, was an ostomy patient for the past 14 years. She passed away this past Sunday and we are listing your charity in her obituary for donations in lieu of flowers. We will also be sending you all of her unused ostomy supplies to help you continue your good work.

Thank you very much,  
Debra Coscia

11/25/09

Dear FOW,  
Until my mother's emergency ileostomy last year, I was unaware of all the challenges faced by persons who have received ostomies. It's hard to imagine how difficult life must be for a person who is unable to obtain basic supplies. I learned of your organization when researching a place to donate supplies my mother was unable to use. I've since visited your website and read your newsletter and am quite impressed by all you do. A charity operated almost entirely by volunteers is highly unusual. I am enclosing a contribution toward your shipping costs and hope to bring FOW to the attention of my friends in the hope they will also donate. Thank you for all you do.

Sincerely,  
Linda McGovern

## **URGENTLY NEEDED: PEDIATRIC OSTOMY SUPPLIES**

**Send to: FOW-USA 1500 Arlington Ave., Louisville, KY 40206-3177**

## **CONTRIBUTIONS FORM**

### **Friends of Ostomates Worldwide – USA Contribution Form**

Name \_\_\_\_\_

#### **Contributions/Membership**

Address \_\_\_\_\_

Partner - \$50       Corporate - \$300

City \_\_\_\_\_ State\_\_ Zip \_\_\_\_\_

Sustaining - \$75       Supporting - \$300

Country \_\_\_\_\_

Contributing - \$150       Benefactor - \$1,000

Telephone (\_\_\_\_) \_\_\_\_\_

Lifetime/Memorial \$5,000

Other - \$ \_\_\_\_\_

E-mail Address \_\_\_\_\_

Chapter/Group/Association \$ \_\_\_\_\_

Total Amount Enclosed - \$ \_\_\_\_\_

**Make checks payable to: FOW-USA**

Please mail to:

**FOW-USA, Attn: Treasurer, 1500 Arlington Ave, Louisville KY 40206-3177**

**FOW-USA**  
**1500 Arlington Avenue**  
**Louisville, KY 40206-3177**  
**USA**

**Address Service Requested**

Spring 2010 Newsletter

